

# Rumble Part 1 Thurs 31st July - Mon 4th August

The Ballroom

The Courtyard

The Snug

Cafe, Kids, Fire, Dome, Green and More!

Thursday 31st

|         |                                                                                                                                               |                                          |                            |
|---------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|----------------------------|
| 2pm     | Welcome, set up camp, meet your neighbours and make yourselves at home..                                                                      |                                          |                            |
| 6pm     | Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner |                                          |                            |
| 8pm     | Welcome Gathering - Please join us to welcome each other at Rumble Camp 2025!                                                                 |                                          |                            |
| 9.15pm  | Welcome Temenos Dance<br>DJ FX10K (Aka Felix)                                                                                                 | Welcome Gentle Contact Improvisation Jam | Welcome Gentle Connections |
| 10.30pm | Break - Break - Break - Break - Break - Break - Break                                                                                         |                                          |                            |
| 11pm    | Candlelit Gentle Jam                                                                                                                          |                                          |                            |

**Love Shack Cafe**  
Our Purple Paradise, open most of the day 8am - 1am for hot drinks, chats and giggles, cakes, snacks, crisps, sounds, silence and snuggles..

**Meditation & Breathwork Dome**  
A Space to Sit and Be  
8.30am, 2pm and 7pm

**Fireside**  
In the far field, beyond the trees, come share the warmth of the fire and our hearts

Friday 1st

|         |                                                                                                                                                                                      |                                                                             |                               |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-------------------------------|
| 7.30am  | Qi Gong on the Green                                                                                                                                                                 |                                                                             | Morning Yoga                  |
| 8am     | Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast                                        |                                                                             |                               |
| 10am    | Morning Gathering - Wake Up to Dance! - Plans for the day, announcements and hugs!                                                                                                   |                                                                             |                               |
| 10.50am | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                                             |                               |
| 11am    | Ecstatic Dance Journey<br>Amaya Garcia                                                                                                                                               | Moving Connections Gentle Jam<br>Julia Samel and Will Street (LIVE Violin!) | Heart Songs<br>Mike Robeson   |
| 12.30pm | Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch<br>Lunchtime Listening 1pm - 3pm in the Central Temple |                                                                             |                               |
| 3pm     | Ecstatic Dance Journey<br>DJ TAORO (EDUK)                                                                                                                                            | Contact Improvisation Basics for All<br>Richard Parker                      | Clowning Things<br>Joe D'orso |
| 4.30pm  | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                                             |                               |
| 5pm     | Brazilian Forró Partner Dancing<br>Julia Samel                                                                                                                                       | Sharing and Listening Circles<br>Kali Satyagraha                            | Primal Play<br>Lee Lester     |
| 6pm     | Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner                                        |                                                                             |                               |
| 8pm     | 5 Rhythms - Welcome Wave<br>Ruth Hurst                                                                                                                                               | Contact Improvisation Cereromial Jam<br>Finlay Forster-Davies               | Welcome Snuggles              |
| 9.30pm  | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                                             |                               |
| 10pm    | Songs of the stars - LIVE!<br>Molly-Anne Chinner                                                                                                                                     | Gentle Music to Move with<br>(if warm enough)                               | Free-Flow Snuggle Space       |
| 11pm    | Candlelit Gentle Jam                                                                                                                                                                 |                                                                             |                               |

8.30am - Guided Meditation

**On The Green**  
Outdoor fun, workshops and wild happenings

2pm - Guided Breathwork

7pm - Guided Meditation

**Kids Zone**  
Come and play, young and old alike!

**Around the Fire**  
(or Cafe if wet)  
Come and be with the community fire.. Take refuse with the flames!  
Sharing Sounds  
Community Sounds and Voices

Saturday 2nd

|         |                                                                                                                                                                                      |                                                   |                                                        |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|--------------------------------------------------------|
| 7.30am  | Qi Gong on the Green                                                                                                                                                                 |                                                   | Morning Yoga Stretches Ana                             |
| 8am     | Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast                                        |                                                   |                                                        |
| 10am    | Morning Gathering - Wake Up to Dance! - Plans for the day, announcements and hugs!                                                                                                   |                                                   |                                                        |
| 10.50am | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                   |                                                        |
| 11am    | Full Circle - Embodied Dance<br>DJ LEXX                                                                                                                                              | Contact Improvisation Basics for All              | Boundaries and Desire                                  |
| 12.30pm | Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch<br>Lunchtime Listening 1pm - 3pm in the Central Temple |                                                   |                                                        |
| 3pm     | HeartWave<br>Dominik Schnell                                                                                                                                                         | Moving Connections<br>Julia Samel and Will Street | Circling into Intimacy                                 |
| 4.30pm  | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                   |                                                        |
| 5pm     | Partner Dancing fun!                                                                                                                                                                 | Sharing and Listening Circles                     | Lullabies to Soothe the Soul - LIVE!<br>George Montagu |
| 6pm     | Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner                                        |                                                   |                                                        |
| 8pm     | Cabaret for all!                                                                                                                                                                     | Candlelit Gentle Jam<br>Finlay Forster-Davies     | Free-Flow Cuddle Space                                 |
| 9.30pm  | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                   |                                                        |
| 10pm    | Ecstatic Power Hour<br>DJ Jan Michael                                                                                                                                                |                                                   | Held Cuddle Space<br>Lee & Ana                         |
| 11pm    | Candlelit Gentle Jam                                                                                                                                                                 |                                                   |                                                        |

8.30am - Guided Meditation

Capoeira Core Basics for all!  
Joe D'orso

2pm - Guided Meditation

7pm - Guided Meditation

**Kids Zone**  
Games for All!  
Story Time for Everyone!

**Around the Fire**  
(or Cafe if wet)  
Community Sounds and Voices  
Sharing Sounds with George Montagu

Sunday 3rd

|         |                                                                                                                                                                                      |                                                        |                                                   |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------|
| 7.30am  | Qi Gong on the Green                                                                                                                                                                 |                                                        | Morning Yoga                                      |
| 8am     | Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast                                        |                                                        |                                                   |
| 10am    | Morning Gathering - Wake Up to Dance! - Plans for the day, announcements and hugs!                                                                                                   |                                                        |                                                   |
| 10.50am | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                        |                                                   |
| 11am    | Ecstatic Dance Journey<br>Indigo Lato                                                                                                                                                | Contact Improvisation Basics for All<br>Richard Parker | Blessings in Nature Songs<br>Mike Robeson         |
| 12.30pm | Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch - Lunch<br>Lunchtime Listening 1pm - 3pm in the Central Temple |                                                        |                                                   |
| 3pm     | Ecstatic Dance Journey                                                                                                                                                               | BlissDance<br>Kali Satyagraha                          | Full Joy Jam - Open Mic<br>George Montagu and YOU |
| 4.30pm  | Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break - Break                                                        |                                                        |                                                   |
| 5pm     | Closing Circle - Please Come and Join Us to Celebrate Our Shared Journey with Gratitude                                                                                              |                                                        |                                                   |
| 6.30pm  | Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner - Dinner                                        |                                                        |                                                   |
| 9pm     | Forró Hour Partner Dancing Jam<br>Julia Samel                                                                                                                                        |                                                        |                                                   |
| 10pm    | The Last CI Dance of the Weekend                                                                                                                                                     |                                                        |                                                   |

7.30am - Guided Meditation

Capoeira Roda!  
Open for all!

2pm - Guided Meditation

**Kids Zone**  
Drama Games for all!  
Games for all Ages

Monday

|      |                                                                                                                                               |  |  |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| 8am  | Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast - Breakfast |  |  |
| 10am | Monday Morning DANCING - Hugs and Moving Farewells                                                                                            |  |  |
| 11am | Last chance to SNUGGLE Puddle this Rumble!                                                                                                    |  |  |
| 12pm | PLEASE Be out of the buildings by 12pm, and off-site by 1pm - Thank-you SO much!                                                              |  |  |

Safe journey home!.. Can't wait to welcome you back for more Rumbling next year!



There may be last minute changes to this programme!